

Resultat – Hammarby Alpin Marathon 2025

2025-11-30

Marathon Herr	(65 / 65)		Tid	Efter
1. Joel Engström Aloul	FK Studenterna	3:30:14		
9:05 (9:05)	8:54 (17:59)	9:11 (27:10)	9:12 (36:22)	9:16 (45:38) 9:15 (54:53)
9:26 (1:04:19)	9:20 (1:13:39)	9:36 (1:23:15)	9:37 (1:32:52)	9:34 (1:42:26) 9:43 (1:52:09)
9:39 (2:01:48)	9:53 (2:11:41)	10:00 (2:21:41)	10:13 (2:31:54)	10:03 (2:41:57) 9:29 (2:51:26)
9:40 (3:01:06)	9:43 (3:10:49)	9:45 (3:20:34)	9:40 (3:30:14)	
2. Svante Midander	Klubblös	3:35:18	+5:04	
10:07 (10:07)	9:03 (19:10)	9:13 (28:23)	9:12 (37:35)	9:26 (47:01) 9:18 (56:19)
9:19 (1:05:38)	9:30 (1:15:08)	9:44 (1:24:52)	9:49 (1:34:41)	9:26 (1:44:07) 9:36 (1:53:43)
9:32 (2:03:15)	9:48 (2:13:03)	9:52 (2:22:55)	9:58 (2:32:53)	10:06 (2:42:59) 10:20 (2:53:19)
10:21 (3:03:40)	10:19 (3:13:59)	10:27 (3:24:26)	10:52 (3:35:18)	
3. Daniel Franco Cereceda	IKJ Haninge	3:39:38	+9:24	
10:06 (10:06)	9:04 (19:10)	9:21 (28:31)	9:22 (37:53)	9:33 (47:26) 9:23 (56:49)
9:21 (1:06:10)	9:26 (1:15:36)	9:29 (1:25:05)	9:24 (1:34:29)	9:28 (1:43:57) 9:40 (1:53:37)
9:44 (2:03:21)	9:57 (2:13:18)	10:10 (2:23:28)	10:36 (2:34:04)	10:42 (2:44:46) 10:43 (2:55:29)
11:18 (3:06:47)	11:00 (3:17:47)	11:02 (3:28:49)	10:49 (3:39:38)	
4. Sebastian Högdahl	Järvsö IF	3:56:26	+26:12	
9:30 (9:30)	9:00 (18:30)	10:00 (28:30)	10:00 (38:30)	10:00 (48:30) 10:00 (58:30)
10:20 (1:08:50)	10:12 (1:19:02)	10:16 (1:29:18)	10:16 (1:39:34)	10:45 (1:50:19) 10:49 (2:01:08)
10:43 (2:11:51)	10:53 (2:22:44)	10:49 (2:33:33)	11:13 (2:44:46)	11:09 (2:55:55) 11:22 (3:07:17)
11:35 (3:18:52)	11:54 (3:30:46)	12:28 (3:43:14)	13:12 (3:56:26)	
5. Theodor Ingman	PPRC	4:12:08	+41:54	
11:41 (11:41)	11:06 (22:47)	12:31 (35:18)	11:43 (47:01)	11:06 (58:07) 11:26 (1:09:33)
10:53 (1:20:26)	11:19 (1:31:45)	11:31 (1:43:16)	10:56 (1:54:12)	11:29 (2:05:41) 11:23 (2:17:04)
11:56 (2:29:00)	12:13 (2:41:13)	11:41 (2:52:54)	10:59 (3:03:53)	12:09 (3:16:02) 11:26 (3:27:28)
11:44 (3:39:12)	11:18 (3:50:30)	10:56 (4:01:26)	10:42 (4:12:08)	
6. Tobias Ekvall	Hårdare Träning	4:13:33	+43:19	
11:32 (11:32)	11:25 (22:57)	11:16 (34:13)	11:13 (45:26)	11:17 (56:43) 11:00 (1:07:43)
11:38 (1:19:21)	11:18 (1:30:39)	11:23 (1:42:02)	11:44 (1:53:46)	11:35 (2:05:21) 11:51 (2:17:12)
11:04 (2:28:16)	11:44 (2:40:00)	12:00 (2:52:00)	11:59 (3:03:59)	11:54 (3:15:53) 11:47 (3:27:40)
11:37 (3:39:17)	11:55 (3:51:12)	11:14 (4:02:26)	11:07 (4:13:33)	
7. Trevor Cooper-Williams	Running Värmdö	4:24:29	+54:15	
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11:25 (1:19:36)	11:30 (1:31:06)	11:36 (1:42:42)	11:36 (1:54:18)	11:43 (2:06:01) 12:16 (2:18:17)
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12:52 (3:45:48)	12:25 (3:58:13)	12:59 (4:11:12)	13:17 (4:24:29)	
8. Johan Sand	Huddinge AIS	4:24:59	+54:45	
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9. Jonas Sundin	Klubblös	4:28:01	+57:47	
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11:19 (1:17:32)	10:56 (1:28:28)	11:08 (1:39:36)	11:16 (1:50:52)	11:10 (2:02:02) 11:25 (2:13:27)
11:30 (2:24:57)	11:42 (2:36:39)	13:28 (2:50:07)	12:15 (3:02:22)	12:52 (3:15:14) 13:52 (3:29:06)
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10. Oscar Lindberg	Klubblös	4:32:05	+1:01:51	
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14:42 (3:45:47)	15:19 (4:01:06)	15:29 (4:16:35)	15:30 (4:32:05)	
11. Anders Nord	Dark Trail Runners	4:33:47	+1:03:33	
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11:32 (1:20:09)	11:50 (1:31:59)	11:42 (1:43:41)	11:37 (1:55:18)	12:05 (2:07:23) 12:32 (2:19:55)
12:53 (2:32:48)	13:01 (2:45:49)	12:29 (2:58:18)	13:18 (3:11:36)	13:08 (3:24:44) 14:32 (3:39:16)
14:10 (3:53:26)	14:23 (4:07:49)	14:07 (4:21:56)	11:51 (4:33:47)	
12. Gustav Petersson	Team Nordic Trail SC	4:34:04	+1:03:50	
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11:55 (1:27:08)	12:07 (1:39:15)	12:04 (1:51:19)	12:01 (2:03:20)	12:10 (2:15:30)	12:06 (2:27:36)
12:12 (2:39:48)	11:52 (2:51:40)	12:13 (3:03:53)	12:11 (3:16:04)	13:09 (3:29:13)	12:50 (3:42:03)
12:55 (3:54:58)	13:22 (4:08:20)	13:10 (4:21:30)	12:34 (4:34:04)		
13. Johan Uddman	Åmyne		4:35:40	+1:05:26	
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11:09 (1:18:42)	11:32 (1:30:14)	11:41 (1:41:55)	11:50 (1:53:45)	11:50 (2:05:35)	12:30 (2:18:05)
12:18 (2:30:23)	11:37 (2:42:00)	12:19 (2:54:19)	12:51 (3:07:10)	12:29 (3:19:39)	12:24 (3:32:03)
13:27 (3:45:30)	12:52 (3:58:22)	12:42 (4:11:04)	24:36 (4:35:40)		
14. Simon Feriaut	Klubblös		4:37:49	+1:07:35	
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12:23 (1:24:10)	12:24 (1:36:34)	12:41 (1:49:15)	12:30 (2:01:45)	13:08 (2:14:53)	16:38 (2:31:31)
12:17 (2:43:48)	12:32 (2:56:20)	13:02 (3:09:22)	13:02 (3:22:24)	12:46 (3:35:10)	12:35 (3:47:45)
12:30 (4:00:15)	12:37 (4:12:52)	12:39 (4:25:31)	12:18 (4:37:49)		
15. Daniel Larsson	Team Legolas		4:45:33	+1:15:19	
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13:11 (1:25:27)	12:36 (1:38:03)	12:28 (1:50:31)	12:43 (2:03:14)	15:31 (2:18:45)	12:58 (2:31:43)
12:57 (2:44:40)	13:17 (2:57:57)	13:53 (3:11:50)	12:52 (3:24:42)	13:58 (3:38:40)	13:10 (3:51:50)
14:09 (4:05:59)	13:41 (4:19:40)	13:11 (4:32:51)	12:42 (4:45:33)		
16. Charlie Sammons	Klubblös		4:45:51	+1:15:37	
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11:13 (1:17:33)	10:56 (1:28:29)	11:10 (1:39:39)	11:51 (1:51:30)	11:24 (2:02:54)	11:02 (2:13:56)
11:32 (2:25:28)	11:34 (2:37:02)	12:39 (2:49:41)	13:32 (3:03:13)	15:49 (3:19:02)	16:25 (3:35:27)
17:39 (3:53:06)	17:12 (4:10:18)	17:42 (4:28:00)	17:51 (4:45:51)		
17. Victor Nilsson	Klubblös		4:45:55	+1:15:41	
12:40 (12:40)	11:48 (24:28)	11:59 (36:27)	12:26 (48:53)	12:23 (1:01:16)	12:36 (1:13:52)
12:46 (1:26:38)	12:50 (1:39:28)	12:49 (1:52:17)	12:49 (2:05:06)	12:48 (2:17:54)	13:31 (2:31:25)
13:22 (2:44:47)	13:31 (2:58:18)	14:20 (3:12:38)	13:02 (3:25:40)	13:27 (3:39:07)	13:29 (3:52:36)
13:20 (4:05:56)	13:16 (4:19:12)	13:45 (4:32:57)	12:58 (4:45:55)		
18. Hannes Liljeblad	Klubblös		4:47:42	+1:17:28	
15:47 (15:47)	13:41 (29:28)	12:13 (41:41)	12:15 (53:56)	11:21 (1:05:17)	12:23 (1:17:40)
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14:29 (4:07:48)	13:52 (4:21:40)	13:34 (4:35:14)	12:28 (4:47:42)		
19. Billy White	Örnsberg runners		4:48:14	+1:18:00	
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13:06 (2:31:35)	12:58 (2:44:33)	15:36 (3:00:09)	13:00 (3:13:09)	14:01 (3:27:10)	18:13 (3:45:23)
14:45 (4:00:08)	18:19 (4:18:27)	16:03 (4:34:30)	13:44 (4:48:14)		
20. axel sarlin	Cat Face NoSpace		4:49:29	+1:19:15	
12:02 (12:02)	11:55 (23:57)	12:22 (36:19)	12:33 (48:52)	12:22 (1:01:14)	12:59 (1:14:13)
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14:11 (4:07:23)	14:23 (4:21:46)	14:36 (4:36:22)	13:07 (4:49:29)		
21. Timothy Vervaeet	Triatlon Duatlon Wetteren		4:58:03	+1:27:49	
11:42 (11:42)	11:58 (23:40)	12:32 (36:12)	12:57 (49:09)	12:46 (1:01:55)	13:21 (1:15:16)
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13:34 (2:51:38)	13:26 (3:05:04)	14:39 (3:19:43)	14:26 (3:34:09)	14:05 (3:48:14)	14:17 (4:02:31)
14:28 (4:16:59)	13:48 (4:30:47)	13:35 (4:44:22)	13:41 (4:58:03)		
22. Jannis Hamaili	Klubblös		4:58:04	+1:27:50	
16:11 (16:11)	15:11 (31:22)	13:31 (44:53)	13:20 (58:13)	13:33 (1:11:46)	13:08 (1:24:54)
13:16 (1:38:10)	12:50 (1:51:00)	12:21 (2:03:21)	12:26 (2:15:47)	13:08 (2:28:55)	12:27 (2:41:22)
12:11 (2:53:33)	12:48 (3:06:21)	13:55 (3:20:16)	14:04 (3:34:20)	16:49 (3:51:09)	12:41 (4:03:50)
13:04 (4:16:54)	13:39 (4:30:33)	13:57 (4:44:30)	13:34 (4:58:04)		
23. Alexander Ringholm	Klubblös		4:58:31	+1:28:17	
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13:29 (4:18:46)	12:56 (4:31:42)	13:26 (4:45:08)	13:23 (4:58:31)		
24. Mohammed Alaoui	ingen		5:01:01	+1:30:47	
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20:39 (4:22:06)	13:38 (4:35:44)	12:59 (4:48:43)	12:18 (5:01:01)		
25. Arvid Marklund	Klubblös		5:04:57	+1:34:43	
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	11:40 (1:29:10)	11:57 (1:41:07)	13:08 (1:54:15)	14:16 (2:08:31)	14:01 (2:22:32)	14:38 (2:37:10)
	14:25 (2:51:35)	16:01 (3:07:36)	16:06 (3:23:42)	15:48 (3:39:30)	14:49 (3:54:19)	14:16 (4:08:35)
	14:32 (4:23:07)	13:27 (4:36:34)	14:19 (4:50:53)	14:04 (5:04:57)		
26. Wilhelm Forsman	Kiof			5:05:29	+1:35:15	
	11:00 (11:00)	11:00 (22:00)	11:00 (33:00)	11:00 (44:00)	13:24 (57:24)	11:22 (1:08:46)
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	12:56 (2:32:46)	13:11 (2:45:57)	13:37 (2:59:34)	14:15 (3:13:49)	15:52 (3:29:41)	15:20 (3:45:01)
	17:45 (4:02:46)	22:26 (4:25:12)	18:34 (4:43:46)	21:43 (5:05:29)		
27. Fredrik Areschoug	Klubblös			5:05:55	+1:35:41	
	12:46 (12:46)	11:52 (24:38)	12:49 (37:27)	12:26 (49:53)	13:13 (1:03:06)	12:50 (1:15:56)
	13:41 (1:29:37)	13:03 (1:42:40)	13:00 (1:55:40)	13:53 (2:09:33)	13:22 (2:22:55)	14:05 (2:37:00)
	13:38 (2:50:38)	14:29 (3:05:07)	15:21 (3:20:28)	16:27 (3:36:55)	15:01 (3:51:56)	14:45 (4:06:41)
	15:49 (4:22:30)	15:07 (4:37:37)	15:25 (4:53:02)	12:53 (5:05:55)		
28. Jouni Kemppainen	Dark Trail Runners			5:06:00	+1:48:12	
	15:24 (15:24)	14:07 (29:31)	15:06 (44:37)	14:15 (58:52)	14:42 (1:13:34)	14:22 (1:27:56)
	15:03 (1:42:59)	15:38 (1:58:37)	13:57 (2:12:34)	14:24 (2:26:58)	13:53 (2:40:51)	13:02 (2:53:53)
	12:08 (3:06:01)	12:02 (3:18:03)	14:26 (3:32:29)	14:51 (3:47:20)	12:48 (4:00:08)	12:54 (4:13:02)
	12:32 (4:25:34)	13:53 (4:39:27)	13:47 (4:53:14)	12:46 (5:06:00)		
29. Guido Flott	Millas hurtbullar			5:07:13	+1:36:59	
	13:10 (13:10)	12:18 (25:28)	12:35 (38:03)	12:05 (50:08)	12:28 (1:02:36)	12:15 (1:14:51)
	12:10 (1:27:01)	12:40 (1:39:41)	12:59 (1:52:40)	12:51 (2:05:31)	12:38 (2:18:09)	12:58 (2:31:07)
	13:26 (2:44:33)	14:19 (2:58:52)	14:36 (3:13:28)	18:34 (3:32:02)	14:22 (3:46:24)	14:57 (4:01:21)
	14:47 (4:16:08)	17:08 (4:33:16)	18:34 (4:51:50)	15:23 (5:07:13)		
30. Robert Ervid	Rävdun SK			5:14:39	+1:44:25	
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	14:41 (2:52:26)	16:47 (3:09:13)	14:32 (3:23:45)	14:32 (3:38:17)	15:18 (3:53:35)	16:17 (4:09:52)
	16:01 (4:25:53)	17:01 (4:42:54)	15:53 (4:58:47)	15:52 (5:14:39)		
31. Martin Cramer				5:14:58	+1:44:44	
	12:12 (12:12)	11:29 (23:41)	14:25 (38:06)	12:10 (50:16)	12:25 (1:02:41)	12:37 (1:15:18)
	12:39 (1:27:57)	13:13 (1:41:10)	12:24 (1:53:34)	13:01 (2:06:35)	12:55 (2:19:30)	13:24 (2:32:54)
	15:28 (2:48:22)	14:10 (3:02:32)	15:26 (3:17:58)	15:07 (3:33:05)	15:49 (3:48:54)	19:22 (4:08:16)
	18:24 (4:26:40)	16:48 (4:43:28)	16:14 (4:59:42)	15:16 (5:14:58)		
32. Daniel Swensson	Klubblös			5:18:26	+1:48:12	
	12:04 (12:04)	12:40 (24:44)	12:52 (37:36)	12:44 (50:20)	14:43 (1:05:03)	15:29 (1:20:32)
	13:02 (1:33:34)	12:43 (1:46:17)	13:04 (1:59:21)	12:53 (2:12:14)	13:21 (2:25:35)	14:07 (2:39:42)
	13:42 (2:53:24)	15:44 (3:09:08)	14:53 (3:24:01)	14:43 (3:38:44)	16:31 (3:55:15)	17:34 (4:12:49)
	16:23 (4:29:12)	17:00 (4:46:12)	16:57 (5:03:09)	15:17 (5:18:26)		
33. Yves Flückiger	Klubblös			5:26:36	+1:56:22	
	12:16 (12:16)	13:16 (25:32)	12:59 (38:31)	13:02 (51:33)	13:16 (1:04:49)	13:22 (1:18:11)
	12:52 (1:31:03)	13:25 (1:44:28)	12:40 (1:57:08)	13:26 (2:10:34)	12:58 (2:23:32)	22:17 (2:45:49)
	13:26 (2:59:15)	13:40 (3:12:55)	14:18 (3:27:13)	15:53 (3:43:06)	14:58 (3:58:04)	17:29 (4:15:33)
	19:16 (4:34:49)	19:28 (4:54:17)	16:40 (5:10:57)	15:39 (5:26:36)		
34. Mattias Anstrin	---			5:26:52	+1:56:38	
	13:21 (13:21)	13:43 (27:04)	12:55 (39:59)	13:42 (53:41)	13:14 (1:06:55)	13:43 (1:20:38)
	14:52 (1:35:30)	12:35 (1:48:05)	13:17 (2:01:22)	13:14 (2:14:36)	15:18 (2:29:54)	14:50 (2:44:44)
	14:39 (2:59:23)	15:05 (3:14:28)	14:55 (3:29:23)	16:15 (3:45:38)	16:07 (4:01:45)	16:54 (4:18:39)
	16:10 (4:34:49)	18:00 (4:52:49)	18:21 (5:11:10)	15:42 (5:26:52)		
35. Peter Carlstedt	Vasastan Ultra			5:30:20	+2:00:06	
	14:20 (14:20)	13:21 (27:41)	14:51 (42:32)	13:07 (55:39)	14:45 (1:10:24)	13:57 (1:24:21)
	13:56 (1:38:17)	15:00 (1:53:17)	13:37 (2:06:54)	14:04 (2:20:58)	15:57 (2:36:55)	16:28 (2:53:23)
	14:04 (3:07:27)	15:45 (3:23:12)	14:50 (3:38:02)	16:06 (3:54:08)	14:37 (4:08:45)	19:12 (4:27:57)
	15:58 (4:43:55)	16:05 (5:00:00)	15:38 (5:15:38)	14:42 (5:30:20)		
36. Johan Nilsson	Näset31			5:34:05	+2:03:51	
	14:00 (14:00)	14:00 (28:00)	14:00 (42:00)	14:00 (56:00)	17:08 (1:13:08)	14:30 (1:27:38)
	14:51 (1:42:29)	14:41 (1:57:10)	14:21 (2:11:31)	15:18 (2:26:49)	14:55 (2:41:44)	15:08 (2:56:52)
	14:07 (3:10:59)	16:04 (3:27:03)	16:28 (3:43:31)	20:21 (4:03:52)	14:04 (4:17:56)	15:29 (4:33:25)
	14:27 (4:47:52)	16:14 (5:04:06)	16:40 (5:20:46)	13:19 (5:34:05)		
37. Fredrik Forsberg	Älvsjö Ultras			5:35:23	+2:05:09	
	14:49 (14:49)	13:00 (27:49)	14:33 (42:22)	13:30 (55:52)	13:14 (1:09:06)	14:49 (1:23:55)
	14:09 (1:38:04)	13:47 (1:51:51)	13:49 (2:05:40)	13:40 (2:19:20)	14:24 (2:33:44)	13:29 (2:47:13)
	15:40 (3:02:53)	13:49 (3:16:42)	15:12 (3:31:54)	14:57 (3:46:51)	16:44 (4:03:35)	19:01 (4:22:36)
	16:50 (4:39:26)	18:24 (4:57:50)	15:43 (5:13:33)	21:50 (5:35:23)		
38. Daniel Sjöberg	Genvägens SK			5:37:06	+2:06:52	
	15:26 (15:26)	14:14 (29:40)	16:21 (46:01)	15:39 (1:01:40)	14:11 (1:15:51)	15:35 (1:31:26)

15:13 (1:46:39)	14:08 (2:00:47)	14:20 (2:15:07)	16:45 (2:31:52)	14:29 (2:46:21)	14:46 (3:01:07)
14:48 (3:15:55)	15:59 (3:31:54)	16:18 (3:48:12)	15:17 (4:03:29)	16:00 (4:19:29)	15:15 (4:34:44)
17:18 (4:52:02)	15:54 (5:07:56)	15:30 (5:23:26)	13:40 (5:37:06)		
39. Niko Mantelis	Klubblös		5:45:07	+2:14:53	
15:45 (15:45)	15:52 (31:37)	15:14 (46:51)	15:52 (1:02:43)	16:02 (1:18:45)	16:13 (1:34:58)
16:23 (1:51:21)	15:41 (2:07:02)	15:51 (2:22:53)	15:34 (2:38:27)	15:32 (2:53:59)	1:53 (2:55:52)
15:13 (3:11:05)	15:00 (3:26:05)	15:20 (3:41:25)	16:08 (3:57:33)	15:19 (4:12:52)	14:38 (4:27:30)
15:06 (4:42:36)	15:00 (4:57:36)	15:36 (5:13:12)	31:55 (5:45:07)		
40. Fredrik Wachsner	Axa sports club		5:48:13	+2:17:59	
15:24 (15:24)	14:07 (29:31)	15:07 (44:38)	14:15 (58:53)	14:43 (1:13:36)	14:26 (1:28:02)
14:56 (1:42:58)	15:39 (1:58:37)	13:56 (2:12:33)	14:37 (2:27:10)	14:51 (2:42:01)	14:30 (2:56:31)
22:00 (3:18:31)	14:00 (3:32:31)	15:17 (3:47:48)	16:26 (4:04:14)	18:07 (4:22:21)	18:28 (4:40:49)
17:18 (4:58:07)	17:55 (5:16:02)	17:16 (5:33:18)	14:55 (5:48:13)		
41. Carl-Johan Andersson	Klubblös		5:53:20	+2:23:06	
15:50 (15:50)	13:51 (29:41)	17:32 (47:13)	13:51 (1:01:04)	14:28 (1:15:32)	19:00 (1:34:32)
14:10 (1:48:42)	13:41 (2:02:23)	18:26 (2:20:49)	13:43 (2:34:32)	13:54 (2:48:26)	19:09 (3:07:35)
14:33 (3:22:08)	14:39 (3:36:47)	19:29 (3:56:16)	18:11 (4:14:27)	14:51 (4:29:18)	18:50 (4:48:08)
15:44 (5:03:52)	15:52 (5:19:44)	16:50 (5:36:34)	16:46 (5:53:20)		
42. Gustav König	Klubblös		5:54:50	+2:24:36	
14:46 (14:46)	14:27 (29:13)	14:16 (43:29)	13:39 (57:08)	13:52 (1:11:00)	14:11 (1:25:11)
14:07 (1:39:18)	15:02 (1:54:20)	16:10 (2:10:30)	14:05 (2:24:35)	15:43 (2:40:18)	16:37 (2:56:55)
17:31 (3:14:26)	21:38 (3:36:04)	17:58 (3:54:02)	17:11 (4:11:13)	17:21 (4:28:34)	18:03 (4:46:37)
17:34 (5:04:11)	17:22 (5:21:33)	17:50 (5:39:23)	15:27 (5:54:50)		
43. Karl-oscar jonasson	Klubblös		5:54:56	+2:24:42	
14:46 (14:46)	14:28 (29:14)	14:03 (43:17)	13:50 (57:07)	13:54 (1:11:01)	14:09 (1:25:10)
14:02 (1:39:12)	15:06 (1:54:18)	16:12 (2:10:30)	14:04 (2:24:34)	15:45 (2:40:19)	16:36 (2:56:55)
17:31 (3:14:26)	21:37 (3:36:03)	17:58 (3:54:01)	17:13 (4:11:14)	17:20 (4:28:34)	18:08 (4:46:42)
17:30 (5:04:12)	17:23 (5:21:35)	17:46 (5:39:21)	15:35 (5:54:56)		
44. Veikko Punkka	NAMI		5:56:56	+2:26:42	
15:40 (15:40)	14:59 (30:39)	15:09 (45:48)	15:12 (1:01:00)	15:22 (1:16:22)	15:27 (1:31:49)
15:36 (1:47:25)	16:59 (2:04:24)	16:02 (2:20:26)	16:01 (2:36:27)	16:03 (2:52:30)	15:19 (3:07:49)
16:31 (3:24:20)	17:11 (3:41:31)	16:23 (3:57:54)	16:48 (4:14:42)	16:50 (4:31:32)	16:38 (4:48:10)
16:11 (5:04:21)	16:24 (5:20:45)	17:02 (5:37:47)	19:09 (5:56:56)		
45. Mark Aldred	100 marathon club		5:57:42	+2:27:28	
14:17 (14:17)	12:51 (27:08)	13:10 (40:18)	12:47 (53:05)	12:55 (1:06:00)	13:00 (1:19:00)
13:38 (1:32:38)	14:28 (1:47:06)	14:51 (2:01:57)	15:49 (2:17:46)	15:12 (2:32:58)	14:23 (2:47:21)
15:58 (3:03:19)	14:27 (3:17:46)	14:25 (3:32:11)	14:58 (3:47:09)	16:00 (4:03:09)	17:07 (4:20:16)
15:57 (4:36:13)	16:05 (4:52:18)	16:52 (5:09:10)	48:32 (5:57:42)		
46. Daniel Ramse	Run Collective		6:05:49	+2:35:35	
14:40 (14:40)	13:35 (28:15)	13:57 (42:12)	15:07 (57:19)	14:18 (1:11:37)	18:35 (1:30:12)
14:29 (1:44:41)	15:36 (2:00:17)	15:03 (2:15:20)	13:51 (2:29:11)	14:12 (2:43:23)	25:13 (3:08:36)
16:01 (3:24:37)	16:33 (3:41:10)	16:21 (3:57:31)	19:27 (4:16:58)	18:16 (4:35:14)	19:22 (4:54:36)
17:35 (5:12:11)	19:06 (5:31:17)	17:57 (5:49:14)	16:35 (6:05:49)		
47. Ludvig Filhm	Reymersholms IK		6:23:58	+2:53:44	
14:08 (14:08)	15:25 (29:33)	14:24 (43:57)	13:57 (57:54)	14:17 (1:12:11)	14:53 (1:27:04)
14:39 (1:41:43)	15:35 (1:57:18)	15:27 (2:12:45)	18:34 (2:31:19)	17:54 (2:49:13)	17:32 (3:06:45)
18:31 (3:25:16)	20:32 (3:45:48)	18:00 (4:03:48)	21:56 (4:25:44)	22:52 (4:48:36)	19:06 (5:07:42)
20:40 (5:28:22)	18:51 (5:47:13)	17:56 (6:05:09)	18:49 (6:23:58)		
48. Fredrik Anstrin	Klubblös		6:28:40	+2:58:26	
14:03 (14:03)	15:02 (29:05)	18:37 (47:42)	17:09 (1:04:51)	15:47 (1:20:38)	14:54 (1:35:32)
17:16 (1:52:48)	17:03 (2:09:51)	16:24 (2:26:15)	14:09 (2:40:24)	18:41 (2:59:05)	17:25 (3:16:30)
18:15 (3:34:45)	17:42 (3:52:27)	18:55 (4:11:22)	19:06 (4:30:28)	20:18 (4:50:46)	20:33 (5:11:19)
19:23 (5:30:42)	19:33 (5:50:15)	20:04 (6:10:19)	18:21 (6:28:40)		
49. Christoffer Tanner	Kubba		6:46:25	+3:16:11	
13:13 (13:13)	12:28 (25:41)	12:42 (38:23)	16:54 (55:17)	12:37 (1:07:54)	13:30 (1:21:24)
14:09 (1:35:33)	16:06 (1:51:39)	14:20 (2:05:59)	21:14 (2:27:13)	15:54 (2:43:07)	20:37 (3:03:44)
20:03 (3:23:47)	18:53 (3:42:40)	17:52 (4:00:32)	24:31 (4:25:03)	18:30 (4:43:33)	22:15 (5:05:48)
21:12 (5:27:00)	27:25 (5:54:25)	27:13 (6:21:38)	24:47 (6:46:25)		
50. Thomas Löveneke	Tompas Backträning		7:11:50	+3:41:36	
17:03 (17:03)	17:47 (34:50)	17:44 (52:34)	17:14 (1:09:48)	17:29 (1:27:17)	18:04 (1:45:21)
18:06 (2:03:27)	19:03 (2:22:30)	19:51 (2:42:21)	24:12 (3:06:33)	20:11 (3:26:44)	20:17 (3:47:01)
20:01 (4:07:02)	20:14 (4:27:16)	21:49 (4:49:05)	20:56 (5:10:01)	21:45 (5:31:46)	20:29 (5:52:15)
19:48 (6:12:03)	20:23 (6:32:26)	19:16 (6:51:42)	20:08 (7:11:50)		
Micke Jonasson	Klubblös		Felst.		
14:42 (14:42)	14:34 (29:16)	14:35 (43:51)	14:48 (58:39)	14:33 (1:13:12)	– (–)

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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (2:59:17)		
Emil Söderlund		Cursores Åland	Utg.		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)		
Alexander Stephens		Klubblös	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Andrea Bojesen		Klubblös	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)		
August Dahlberg		Klubblös	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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Edvin Simmingsköld		Umara sports club	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Henrik Hult		Puppy AR Team	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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Joakim Örtenholm		Klubblös	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Jonas Hedlund		Örnsberg runners	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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Markus Finell		Klubblös	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Martin Ahlbom		Arboga Cykelklubb	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Philip Sandwall		UKG United	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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Rasmus Nilsson		IFK Umeå	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
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Simon Agroth		RunwithSW	Ej start		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)

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William Myrberg		RunwithSW		Ej start	
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
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– (–)	– (–)	– (–)	– (–)	– (–)	– (–)

Marathon Dam**(15 / 15)****Tid****Efter**

1. Dagny Bengs	Täby IS	3:57:18			
12:01 (12:01)	10:57 (22:58)	10:54 (33:52)	11:06 (44:58)	11:15 (56:13)	10:46 (1:06:59)
11:06 (1:18:05)	11:00 (1:29:05)	10:35 (1:39:40)	10:45 (1:50:25)	11:06 (2:01:31)	10:35 (2:12:06)
10:35 (2:22:41)	10:39 (2:33:20)	10:55 (2:44:15)	10:16 (2:54:31)	10:14 (3:04:45)	10:23 (3:15:08)
10:18 (3:25:26)	10:31 (3:35:57)	10:36 (3:46:33)	10:45 (3:57:18)		
2. Stina Svensson	Fredrikshofs FIF	4:12:32	+15:14		
12:08 (12:08)	10:55 (23:03)	11:16 (34:19)	11:19 (45:38)	11:16 (56:54)	11:08 (1:08:02)
11:35 (1:19:37)	11:06 (1:30:43)	11:14 (1:41:57)	11:08 (1:53:05)	11:16 (2:04:21)	11:19 (2:15:40)
11:23 (2:27:03)	11:21 (2:38:24)	11:39 (2:50:03)	11:37 (3:01:40)	12:28 (3:14:08)	11:27 (3:25:35)
11:40 (3:37:15)	11:33 (3:48:48)	11:57 (4:00:45)	11:47 (4:12:32)		
3. Stephanie Magnenat	Fredrikshof IF	4:28:46	+31:28		
11:40 (11:40)	11:01 (22:41)	11:22 (34:03)	11:36 (45:39)	11:22 (57:01)	11:30 (1:08:31)
11:47 (1:20:18)	11:48 (1:32:06)	11:48 (1:43:54)	12:15 (1:56:09)	12:27 (2:08:36)	12:14 (2:20:50)
12:27 (2:33:17)	12:35 (2:45:52)	12:45 (2:58:37)	13:34 (3:12:11)	12:50 (3:25:01)	12:54 (3:37:55)
12:35 (3:50:30)	12:42 (4:03:12)	12:29 (4:15:41)	13:05 (4:28:46)		
4. Kristiina Baum	Lidingö	5:24:28	+1:27:10		
13:57 (13:57)	12:44 (26:41)	13:06 (39:47)	13:54 (53:41)	13:00 (1:06:41)	14:07 (1:20:48)
14:32 (1:35:20)	14:40 (1:50:00)	13:38 (2:03:38)	14:38 (2:18:16)	15:20 (2:33:36)	15:16 (2:48:52)
14:06 (3:02:58)	15:02 (3:18:00)	16:30 (3:34:30)	15:36 (3:50:06)	15:08 (4:05:14)	17:28 (4:22:42)
15:04 (4:37:46)	18:07 (4:55:53)	15:02 (5:10:55)	13:33 (5:24:28)		
5. Niina Katriina Veuro	Klubblös	5:25:35	+1:28:17		
15:23 (15:23)	14:09 (29:32)	14:06 (43:38)	13:56 (57:34)	15:25 (1:12:59)	14:41 (1:27:40)
14:52 (1:42:32)	14:20 (1:56:52)	14:39 (2:11:31)	15:20 (2:26:51)	14:45 (2:41:36)	14:37 (2:56:13)
14:48 (3:11:01)	15:45 (3:26:46)	15:20 (3:42:06)	15:03 (3:57:09)	14:56 (4:12:05)	14:45 (4:26:50)
15:02 (4:41:52)	15:02 (4:56:54)	14:49 (5:11:43)	13:52 (5:25:35)		
6. Anne Rämö	Genvägens SK	5:37:08	+1:39:50		
15:26 (15:26)	14:14 (29:40)	16:20 (46:00)	15:41 (1:01:41)	14:10 (1:15:51)	15:35 (1:31:26)
15:14 (1:46:40)	14:06 (2:00:46)	14:28 (2:15:14)	16:38 (2:31:52)	14:30 (2:46:22)	14:45 (3:01:07)
14:47 (3:15:54)	16:00 (3:31:54)	16:28 (3:48:22)	15:07 (4:03:29)	16:00 (4:19:29)	15:14 (4:34:43)
17:18 (4:52:01)	15:56 (5:07:57)	15:29 (5:23:26)	13:42 (5:37:08)		
7. Patricia Odhult	Klubblös	5:52:55	+1:55:37		
15:50 (15:50)	13:50 (29:40)	17:35 (47:15)	13:48 (1:01:03)	14:29 (1:15:32)	19:01 (1:34:33)
14:08 (1:48:41)	13:41 (2:02:22)	18:27 (2:20:49)	13:38 (2:34:27)	13:35 (2:48:02)	19:57 (3:07:59)
14:07 (3:22:06)	14:13 (3:36:19)	20:09 (3:56:28)	16:55 (4:13:23)	14:10 (4:27:33)	21:02 (4:48:35)
15:08 (5:03:43)	15:26 (5:19:09)	18:01 (5:37:10)	15:45 (5:52:55)		
8. Helen Elemida	Stuga77	6:33:49	+2:36:31		
15:29 (15:29)	14:54 (30:23)	15:34 (45:57)	15:28 (1:01:25)	16:01 (1:17:26)	15:33 (1:32:59)
15:47 (1:48:46)	16:45 (2:05:31)	15:26 (2:20:57)	17:02 (2:37:59)	17:18 (2:55:17)	26:42 (3:21:59)
20:52 (3:42:51)	17:10 (4:00:01)	21:03 (4:21:04)	20:23 (4:41:27)	19:40 (5:01:07)	20:35 (5:21:42)
18:52 (5:40:34)	18:49 (5:59:23)	17:49 (6:17:12)	16:37 (6:33:49)		
Anna Westlind	Klubblös	Ej start			
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
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Elin Tengbert	Västerås löparklubb	Ej start			
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Ida Johansson	Team Nordic Trail	Ej start			
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Jenny Ramstedt		Bruse Sauerland	Ski Team	Ej start	
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Odgerel Batnasan		Klubblös		Ej start	
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Sara Högberg		Team PTConsulting		Ej start	
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Wictoria Grahn		Klubblös		Ej start	
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Halv marathon Herr**(43 / 43)****Tid****Efter**

1. Dennis Palm	Klubblös	1:59:03			
10:23 (10:23)	9:46 (20:09)	9:48 (29:57)	9:50 (39:47)	10:01 (49:48)	9:45 (59:33)
9:54 (1:09:27)	9:45 (1:19:12)	9:56 (1:29:08)	10:09 (1:39:17)	10:02 (1:49:19)	9:44 (1:59:03)
2. Oscar Holgerson	Klubblös	2:04:59	+5:56		
13:00 (13:00)	10:00 (23:00)	10:00 (33:00)	10:00 (43:00)	10:00 (53:00)	10:00 (1:03:00)
10:00 (1:13:00)	10:00 (1:23:00)	10:10 (1:33:10)	10:53 (1:44:03)	10:35 (1:54:38)	10:21 (2:04:59)
3. Rickard Hagström	Dark Trail Runners	2:07:27	+8:24		
11:00 (11:00)	10:23 (21:23)	11:01 (32:24)	10:33 (42:57)	10:39 (53:36)	10:38 (1:04:14)
10:41 (1:14:55)	10:31 (1:25:26)	10:32 (1:35:58)	10:32 (1:46:30)	10:27 (1:56:57)	10:30 (2:07:27)
4. Arthur Lindquist	Järfälla orienteringsklubb	2:09:03	+10:00		
10:02 (10:02)	9:44 (19:46)	10:07 (29:53)	10:30 (40:23)	10:33 (50:56)	10:55 (1:01:51)
11:33 (1:13:24)	11:37 (1:25:01)	10:59 (1:36:00)	10:48 (1:46:48)	10:58 (1:57:46)	11:17 (2:09:03)
5. Jacob Werner	Ringmuren CK	2:13:19	+14:16		
11:20 (11:20)	10:37 (21:57)	11:07 (33:04)	10:47 (43:51)	11:07 (54:58)	11:01 (1:05:59)
11:04 (1:17:03)	11:18 (1:28:21)	11:15 (1:39:36)	11:08 (1:50:44)	11:07 (2:01:51)	11:28 (2:13:19)
6. Gustaf Wangel	Klubblös	2:13:43	+14:40		
11:58 (11:58)	10:58 (22:56)	11:07 (34:03)	11:18 (45:21)	11:03 (56:24)	11:19 (1:07:43)
10:26 (1:18:09)	11:01 (1:29:10)	10:46 (1:39:56)	10:59 (1:50:55)	11:13 (2:02:08)	11:35 (2:13:43)
7. Ingemar Wikman	SMS Stockholm Multisport	2:18:17	+19:14		
11:52 (11:52)	11:11 (23:03)	11:12 (34:15)	11:31 (45:46)	11:05 (56:51)	11:13 (1:08:04)
11:19 (1:19:23)	11:43 (1:31:06)	11:37 (1:42:43)	11:31 (1:54:14)	11:46 (2:06:00)	12:17 (2:18:17)
8. August Tegbrant	Pac Run	2:24:38	+25:35		
11:04 (11:04)	11:27 (22:31)	12:11 (34:42)	12:31 (47:13)	12:00 (59:13)	12:50 (1:12:03)
12:02 (1:24:05)	12:02 (1:36:07)	12:11 (1:48:18)	12:02 (2:00:20)	12:22 (2:12:42)	11:56 (2:24:38)
9. Håkan Dahlberg	Sigge Cykelklubb	2:26:24	+27:21		
13:03 (13:03)	11:43 (24:46)	11:54 (36:40)	11:52 (48:32)	11:47 (1:00:19)	12:05 (1:12:24)
12:01 (1:24:25)	11:56 (1:36:21)	12:12 (1:48:33)	12:18 (2:00:51)	12:11 (2:13:02)	13:22 (2:26:24)
10. Henrik Boberg	Klubblös	2:29:38	+30:35		
12:38 (12:38)	12:15 (24:53)	11:32 (36:25)	11:44 (48:09)	12:23 (1:00:32)	11:39 (1:12:11)
12:51 (1:25:02)	12:21 (1:37:23)	12:43 (1:50:06)	12:34 (2:02:40)	13:09 (2:15:49)	13:49 (2:29:38)
11. Niclas Gyllenmyr	Arduua Skyrunning	2:30:49	+31:46		
12:36 (12:36)	12:16 (24:52)	12:35 (37:27)	12:24 (49:51)	12:38 (1:02:29)	12:23 (1:14:52)
12:14 (1:27:06)	12:25 (1:39:31)	12:48 (1:52:19)	12:53 (2:05:12)	12:48 (2:18:00)	12:49 (2:30:49)
12. Graeme Jarvie	Bagarmossen	2:31:20	+32:17		
13:06 (13:06)	11:57 (25:03)	11:36 (36:39)	12:09 (48:48)	11:45 (1:00:33)	12:17 (1:12:50)
12:33 (1:25:23)	13:01 (1:38:24)	12:38 (1:51:02)	14:17 (2:05:19)	12:34 (2:17:53)	13:27 (2:31:20)
13. Robert Lagerström	Google	2:35:36	+36:33		
12:15 (12:15)	12:08 (24:23)	12:20 (36:43)	12:35 (49:18)	12:41 (1:01:59)	12:56 (1:14:55)
13:00 (1:27:55)	13:13 (1:41:08)	13:36 (1:54:44)	13:59 (2:08:43)	13:35 (2:22:18)	13:18 (2:35:36)
14. Ulf Petersen	Fredrikshofs fri-if	2:36:47	+37:44		
12:34 (12:34)	12:34 (25:08)	13:24 (38:32)	12:18 (50:50)	13:27 (1:04:17)	12:47 (1:17:04)

	13:42 (1:30:46)	13:56 (1:44:42)	12:10 (1:56:52)	13:25 (2:10:17)	12:27 (2:22:44)	14:03 (2:36:47)
15. Oscar Cortes		OC PROJEKT		2:37:57	+38:54	
	12:50 (12:50)	12:00 (24:50)	12:00 (36:50)	12:00 (48:50)	12:00 (1:00:50)	14:02 (1:14:52)
	13:08 (1:28:00)	13:03 (1:41:03)	13:23 (1:54:26)	13:56 (2:08:22)	14:30 (2:22:52)	15:05 (2:37:57)
16. Douglas Dahlberg		utan		2:39:22	+40:19	
	13:33 (13:33)	12:49 (26:22)	12:24 (38:46)	13:46 (52:32)	11:40 (1:04:12)	11:58 (1:16:10)
	13:03 (1:29:13)	12:38 (1:41:51)	13:35 (1:55:26)	15:47 (2:11:13)	13:20 (2:24:33)	14:49 (2:39:22)
17. Toni Karmteg		Klubblös		2:40:57	+41:54	
	14:04 (14:04)	12:55 (26:59)	13:09 (40:08)	13:13 (53:21)	13:19 (1:06:40)	13:32 (1:20:12)
	13:28 (1:33:40)	13:24 (1:47:04)	13:21 (2:00:25)	13:22 (2:13:47)	13:26 (2:27:13)	13:44 (2:40:57)
18. Mikael Mellhorn		Ericsson Stockholm IK		2:41:24	+42:21	
	14:21 (14:21)	13:37 (27:58)	13:03 (41:01)	13:40 (54:41)	12:58 (1:07:39)	13:25 (1:21:04)
	13:12 (1:34:16)	13:27 (1:47:43)	12:58 (2:00:41)	13:30 (2:14:11)	13:23 (2:27:34)	13:50 (2:41:24)
19. Christian Johansson		TAP		2:42:39	+43:36	
	12:11 (12:11)	11:31 (23:42)	12:50 (36:32)	12:52 (49:24)	12:34 (1:01:58)	13:26 (1:15:24)
	13:15 (1:28:39)	13:53 (1:42:32)	14:25 (1:56:57)	14:28 (2:11:25)	15:14 (2:26:39)	16:00 (2:42:39)
20. Simon Engel		Hässleholms ok		2:42:54	+43:51	
	13:14 (13:14)	13:06 (26:20)	13:00 (39:20)	13:46 (53:06)	13:30 (1:06:36)	13:38 (1:20:14)
	13:40 (1:33:54)	13:40 (1:47:34)	13:16 (2:00:50)	14:00 (2:14:50)	14:05 (2:28:55)	13:59 (2:42:54)
21. Mats Lindquist		Järfälla orienteringsklubb		2:44:20	+45:17	
	14:01 (14:01)	13:08 (27:09)	13:41 (40:50)	13:18 (54:08)	13:52 (1:08:00)	13:10 (1:21:10)
	14:36 (1:35:46)	13:01 (1:48:47)	14:05 (2:02:52)	13:37 (2:16:29)	14:07 (2:30:36)	13:44 (2:44:20)
22. Torgeir Lindland		Mikkeller Running Club Stockholm		2:44:39	+45:36	
	13:54 (13:54)	14:57 (28:51)	13:23 (42:14)	13:06 (55:20)	13:08 (1:08:28)	13:27 (1:21:55)
	13:21 (1:35:16)	13:51 (1:49:07)	13:37 (2:02:44)	13:31 (2:16:15)	14:24 (2:30:39)	14:00 (2:44:39)
23. Björn Hagberg		Utsiktens Bastu&Motion		2:45:14	+46:11	
	14:04 (14:04)	13:19 (27:23)	12:49 (40:12)	13:27 (53:39)	13:28 (1:07:07)	13:34 (1:20:41)
	13:52 (1:34:33)	13:55 (1:48:28)	14:00 (2:02:28)	14:40 (2:17:08)	14:19 (2:31:27)	13:47 (2:45:14)
24. Elias Jonsson		Klubblös		2:48:47	+49:44	
	12:57 (12:57)	11:23 (24:20)	11:51 (36:11)	12:20 (48:31)	13:40 (1:02:11)	12:05 (1:14:16)
	12:34 (1:26:50)	14:45 (1:41:35)	14:55 (1:56:30)	12:52 (2:09:22)	13:29 (2:22:51)	25:56 (2:48:47)
25. Niclas Frisk		Klubblös		2:49:19	+50:16	
	13:31 (13:31)	12:43 (26:14)	13:40 (39:54)	14:11 (54:05)	14:04 (1:08:09)	14:03 (1:22:12)
	14:19 (1:36:31)	14:51 (1:51:22)	14:14 (2:05:36)	14:01 (2:19:37)	14:37 (2:34:14)	15:05 (2:49:19)
26. Pär Andersson		Klubblös		2:49:41	+50:38	
	12:02 (12:02)	12:13 (24:15)	13:29 (37:44)	12:44 (50:28)	13:52 (1:04:20)	13:23 (1:17:43)
	13:53 (1:31:36)	15:21 (1:46:57)	14:18 (2:01:15)	15:44 (2:16:59)	16:27 (2:33:26)	16:15 (2:49:41)
27. Mikael Nyman		Red mountain runners		2:54:05	+55:02	
	14:41 (14:41)	14:31 (29:12)	14:39 (43:51)	14:46 (58:37)	14:32 (1:13:09)	15:08 (1:28:17)
	15:14 (1:43:31)	15:07 (1:58:38)	13:54 (2:12:32)	14:26 (2:26:58)	14:12 (2:41:10)	12:55 (2:54:05)
28. Per Carlbring		Vårdhunden Luddes fan club		2:58:29	+59:26	
	14:54 (14:54)	15:02 (29:56)	14:29 (44:25)	14:50 (59:15)	14:25 (1:13:40)	14:49 (1:28:29)
	14:58 (1:43:27)	15:22 (1:58:49)	15:17 (2:14:06)	15:20 (2:29:26)	14:38 (2:44:04)	14:25 (2:58:29)
29. Daniel Norrström		Klubblös		2:58:41	+59:38	
	14:40 (14:40)	13:34 (28:14)	13:57 (42:11)	15:08 (57:19)	14:17 (1:11:36)	18:36 (1:30:12)
	14:29 (1:44:41)	15:36 (2:00:17)	15:02 (2:15:19)	13:52 (2:29:11)	14:13 (2:43:24)	15:17 (2:58:41)
30. Henning Peinerud				3:00:30	+1:01:27	
	15:19 (15:19)	14:04 (29:23)	14:18 (43:41)	14:01 (57:42)	14:19 (1:12:01)	14:31 (1:26:32)
	14:53 (1:41:25)	15:04 (1:56:29)	15:58 (2:12:27)	16:16 (2:28:43)	16:17 (2:45:00)	15:30 (3:00:30)
31. Per Olofsson		Stockholm Gerillalöpare		3:00:52	+1:01:49	
	13:46 (13:46)	13:27 (27:13)	13:21 (40:34)	15:20 (55:54)	14:08 (1:10:02)	15:23 (1:25:25)
	14:32 (1:39:57)	14:41 (1:54:38)	15:50 (2:10:28)	16:10 (2:26:38)	17:04 (2:43:42)	17:10 (3:00:52)
32. Tomas Wickström		Klubblös		3:09:48	+1:10:45	
	14:32 (14:32)	13:50 (28:22)	13:03 (41:25)	14:07 (55:32)	14:24 (1:09:56)	13:52 (1:23:48)
	14:07 (1:37:55)	14:17 (1:52:12)	14:57 (2:07:09)	15:08 (2:22:17)	15:51 (2:38:08)	31:40 (3:09:48)
33. Håkan Jonsson		Team Nordic Trail		3:13:40	+1:14:37	
	15:49 (15:49)	15:09 (30:58)	15:29 (46:27)	16:05 (1:02:32)	16:12 (1:18:44)	15:56 (1:34:40)
	16:45 (1:51:25)	16:20 (2:07:45)	16:16 (2:24:01)	17:16 (2:41:17)	16:35 (2:57:52)	15:48 (3:13:40)
34. Carl-Fredrik Sundlöf		Klubblös		3:25:28	+1:26:25	
	16:00 (16:00)	15:00 (31:00)	15:00 (46:00)	18:00 (1:04:00)	16:00 (1:20:00)	18:00 (1:38:00)
	17:46 (1:55:46)	17:32 (2:13:18)	17:55 (2:31:13)	18:42 (2:49:55)	18:29 (3:08:24)	17:04 (3:25:28)
35. Nicklas Larsson		Hjorthagen Ultra		3:54:59	+1:55:56	
	13:42 (13:42)	12:34 (26:16)	12:55 (39:11)	13:07 (52:18)	14:15 (1:06:33)	13:32 (1:20:05)
	14:30 (1:34:35)	14:18 (1:48:53)	14:13 (2:03:06)	16:01 (2:19:07)	17:24 (2:36:31)	1:18:28 (3:54:59)
Clément Rouziers		Klubblös		Ej start		

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Erik Bäcklund		Västerås allmänna klubb	Ej start		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
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Mikael Collin		Terrible Tuesdays AC	Ej start		
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Mikael Sendlhofer		Klubblös	Ej start		
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Oliver Matthes		Klubblös	Ej start		
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Olof Norberg		Team Envol	Ej start		
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– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Tommy Adriansson		SEB IF	Ej start		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
William Sandkvist		Sävar IK	Ej start		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)

Halv marathon Dam**(27 / 27)****Tid****Efter**

1. Natalie Persson	Duveds IF	2:05:34			
10:34 (10:34)	10:17 (20:51)	10:19 (31:10)	10:15 (41:25)	10:22 (51:47)	10:29 (1:02:16)
10:21 (1:12:37)	10:40 (1:23:17)	10:34 (1:33:51)	10:37 (1:44:28)	10:24 (1:54:52)	10:42 (2:05:34)
2. Ellen Ramstedt	SEB IF	2:24:44	+19:10		
12:13 (12:13)	11:12 (23:25)	11:22 (34:47)	11:25 (46:12)	11:44 (57:56)	12:51 (1:10:47)
12:02 (1:22:49)	12:40 (1:35:29)	12:18 (1:47:47)	12:20 (2:00:07)	12:06 (2:12:13)	12:31 (2:24:44)
3. Sara Fällman	TAP	2:26:19	+20:45		
12:40 (12:40)	11:04 (23:44)	11:15 (34:59)	11:36 (46:35)	12:13 (58:48)	11:44 (1:10:32)
12:16 (1:22:48)	13:02 (1:35:50)	12:27 (1:48:17)	12:31 (2:00:48)	12:41 (2:13:29)	12:50 (2:26:19)
4. Pia Kind	Team Nordic Trail	2:30:18	+24:44		
12:37 (12:37)	12:31 (25:08)	12:18 (37:26)	12:31 (49:57)	12:29 (1:02:26)	12:17 (1:14:43)
12:36 (1:27:19)	12:54 (1:40:13)	12:44 (1:52:57)	12:25 (2:05:22)	12:27 (2:17:49)	12:29 (2:30:18)
5. Camilla Rosell	Stockholm Gerillalöpare	2:33:11	+27:37		
13:09 (13:09)	13:12 (26:21)	12:31 (38:52)	12:29 (51:21)	12:25 (1:03:46)	12:20 (1:16:06)
12:22 (1:28:28)	12:28 (1:40:56)	12:40 (1:53:36)	12:51 (2:06:27)	13:22 (2:19:49)	13:22 (2:33:11)
6. Jenny Werner	Run Academy	2:33:23	+27:49		
13:08 (13:08)	12:29 (25:37)	12:33 (38:10)	12:30 (50:40)	12:36 (1:03:16)	12:44 (1:16:00)
13:00 (1:29:00)	13:39 (1:42:39)	12:52 (1:55:31)	13:03 (2:08:34)	12:38 (2:21:12)	12:11 (2:33:23)
7. Susanne Rautiainen Lagerström	Local GOATs	2:42:18	+36:44		
14:34 (14:34)	12:29 (27:03)	13:22 (40:25)	13:14 (53:39)	13:12 (1:06:51)	13:21 (1:20:12)
13:47 (1:33:59)	13:11 (1:47:10)	13:35 (2:00:45)	13:54 (2:14:39)	13:53 (2:28:32)	13:46 (2:42:18)
8. Ylva Wendle Sundbom	Bålsta SK	2:50:24	+44:50		
13:22 (13:22)	13:09 (26:31)	13:42 (40:13)	13:54 (54:07)	14:07 (1:08:14)	14:40 (1:22:54)
14:09 (1:37:03)	14:43 (1:51:46)	14:50 (2:06:36)	14:33 (2:21:09)	14:44 (2:35:53)	14:31 (2:50:24)
9. Christina Åqvist	Enduroc	2:53:03	+47:29		
14:00 (14:00)	14:00 (28:00)	14:00 (42:00)	14:00 (56:00)	14:00 (1:10:00)	14:00 (1:24:00)
13:32 (1:37:32)	14:00 (1:51:32)	15:21 (2:06:53)	15:16 (2:22:09)	15:22 (2:37:31)	15:32 (2:53:03)
10. Anna Olls Eén	Klubblös	3:09:06	+1:03:32		
14:46 (14:46)	16:38 (31:24)	14:46 (46:10)	14:41 (1:00:51)	14:57 (1:15:48)	15:49 (1:31:37)
16:46 (1:48:23)	15:12 (2:03:35)	15:45 (2:19:20)	16:17 (2:35:37)	16:45 (2:52:22)	16:44 (3:09:06)
11. Helena Bäckman	Löparnas vänner	3:11:38	+1:06:04		
16:06 (16:06)	15:06 (31:12)	14:47 (45:59)	15:14 (1:01:13)	15:30 (1:16:43)	15:40 (1:32:23)
16:14 (1:48:37)	15:33 (2:04:10)	16:19 (2:20:29)	17:08 (2:37:37)	16:47 (2:54:24)	17:14 (3:11:38)
12. Lena Sundquist	Klubblös	3:13:00	+1:07:26		
14:38 (14:38)	14:39 (29:17)	17:08 (46:25)	14:54 (1:01:19)	15:04 (1:16:23)	16:58 (1:33:21)
15:54 (1:49:15)	15:54 (2:05:09)	16:37 (2:21:46)	16:44 (2:38:30)	17:04 (2:55:34)	17:26 (3:13:00)
13. Lina Nyman	Hässelby SK	3:13:02	+1:07:28		
14:38 (14:38)	14:40 (29:18)	17:08 (46:26)	14:52 (1:01:18)	15:05 (1:16:23)	16:59 (1:33:22)
15:52 (1:49:14)	15:56 (2:05:10)	16:37 (2:21:47)	16:44 (2:38:31)	17:03 (2:55:34)	17:28 (3:13:02)

14. Jennie Jonasson	Klubblös	3:25:42	+1:20:08		
16:48 (16:48)	15:47 (32:35)	15:36 (48:11)	17:22 (1:05:33)	16:39 (1:22:12)	16:42 (1:38:54)
17:08 (1:56:02)	17:21 (2:13:23)	17:29 (2:30:52)	18:11 (2:49:03)	18:41 (3:07:44)	17:58 (3:25:42)
15. Heidi Astbring	Klubblös	3:28:15	+1:22:41		
17:42 (17:42)	16:43 (34:25)	16:28 (50:53)	20:12 (1:11:05)	16:39 (1:27:44)	17:02 (1:44:46)
16:33 (2:01:19)	17:22 (2:18:41)	16:50 (2:35:31)	17:50 (2:53:21)	16:57 (3:10:18)	17:57 (3:28:15)
16. Tanja Holm		3:31:48	+1:26:14		
17:00 (17:00)	17:00 (34:00)	16:38 (50:38)	17:17 (1:07:55)	17:23 (1:25:18)	18:08 (1:43:26)
17:07 (2:00:33)	17:42 (2:18:15)	17:51 (2:36:06)	18:13 (2:54:19)	18:23 (3:12:42)	19:06 (3:31:48)
17. Helena Blomqvist	Bålsta runners	3:32:04	+1:26:30		
17:44 (17:44)	16:09 (33:53)	15:26 (49:19)	16:51 (1:06:10)	16:55 (1:23:05)	16:59 (1:40:04)
18:13 (1:58:17)	17:32 (2:15:49)	18:42 (2:34:31)	19:04 (2:53:35)	19:07 (3:12:42)	19:22 (3:32:04)
18. Anne Aalto	Klubblös	3:32:06	+1:26:32		
17:44 (17:44)	16:09 (33:53)	15:27 (49:20)	16:50 (1:06:10)	16:55 (1:23:05)	16:59 (1:40:04)
18:12 (1:58:16)	17:33 (2:15:49)	18:44 (2:34:33)	19:03 (2:53:36)	19:06 (3:12:42)	19:24 (3:32:06)
19. Elin Nilsson	Hultsfreds löparklubb	3:35:23	+1:29:49		
14:51 (14:51)	14:35 (29:26)	15:57 (45:23)	15:11 (1:00:34)	16:27 (1:17:01)	17:34 (1:34:35)
18:17 (1:52:52)	26:56 (2:19:48)	17:53 (2:37:41)	19:26 (2:57:07)	19:44 (3:16:51)	18:32 (3:35:23)
20. Malin Wahlberg	Gustavsberg	3:37:44	+1:32:10		
18:16 (18:16)	16:21 (34:37)	17:27 (52:04)	18:01 (1:10:05)	17:44 (1:27:49)	18:27 (1:46:16)
18:56 (2:05:12)	17:53 (2:23:05)	18:59 (2:42:04)	19:02 (3:01:06)	18:36 (3:19:42)	18:02 (3:37:44)
20. Petra Wahlberg	Ingarö IF	3:37:44	+1:32:10		
18:13 (18:13)	16:24 (34:37)	17:21 (51:58)	18:07 (1:10:05)	17:41 (1:27:46)	18:30 (1:46:16)
18:55 (2:05:11)	17:56 (2:23:07)	18:57 (2:42:04)	19:09 (3:01:13)	18:27 (3:19:40)	18:04 (3:37:44)
22. Anna Larsson	Hjorthagen Ultra	3:56:26	+1:50:52		
17:28 (17:28)	19:03 (36:31)	20:13 (56:44)	15:55 (1:12:39)	18:23 (1:31:02)	18:50 (1:49:52)
20:19 (2:10:11)	19:58 (2:30:09)	20:42 (2:50:51)	22:15 (3:13:06)	20:21 (3:33:27)	22:59 (3:56:26)
23. Maria Wickström	Klubblös	4:14:15	+2:08:41		
19:08 (19:08)	19:03 (38:11)	21:12 (59:23)	19:46 (1:19:09)	20:00 (1:39:09)	20:32 (1:59:41)
21:50 (2:21:31)	22:20 (2:43:51)	24:30 (3:08:21)	22:16 (3:30:37)	23:37 (3:54:14)	20:01 (4:14:15)
Annika Tillander	Skogås	Ej start			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Charlotta Carlén	Klubblös	Ej start			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Charlotta Rehnman	Runacademy IF	Ej start			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Kristina Widerberg	Hemester WBW	Ej start			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)

Skapad av [MeOS 3.9.1467 \(U2\)](#): 2025-12-04 09:48:04